



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DO YOU KNOW THE Y?

At the Y, strengthening community is our cause. The Y serves three crucial areas of focus to help individuals, families and communities learn, grow and thrive.



The Y is for Youth Development, because we believe that all kids deserve opportunities to discover who they are and what they can achieve. That's why, through the Y, youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement.

The Y is for Healthy Living, improving the nation's health and well-being. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests.

The Y is for Social Responsibility, giving back and providing support to our neighbors. The Y has been listening and responding to our communities' most critical needs for 155 years. The Y fosters the care and respect all people need and deserve.

The Y is a Cause-Driven Organization That Relies on Community Support

The YMCA serves the entire community and is open to everyone. Donors enable the YMCA, a charitable, non-profit organization in compliance with IRS code 501(c)3, to offer a financial assistance program for those individuals and families that qualify.

Learn more at www.ysal.org or call 251.344.5646