

HEALTHY LIVING

Improving south Alabama's health and well-being

DOWNTOWN MOBILE

Moorer YMCA
101 N Water Street
Mobile, AL 36602
251-438-1163

WEST MOBILE

Hearin-Chandler Family YMCA
951 Downtowner Blvd.
Mobile, AL 36609
251-344-4856

DAPHNE

Bounds Family YMCA & Kydszone
8051 Whispering Pines Road
Daphne, AL 36526
251-626-0888

SARALAND

North Mobile Family YMCA
92 Saraland Loop
Saraland, AL 36571
251-679-8877

FOLEY

John McClure Snook Family YMCA
2560 S. Pine Street
Foley, AL 36535
251-970-3003

Big Brothers Big Sisters

(See Moorer Branch for Location)
251-344-0536

FIVE BRANCHES TO SERVE YOU



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CORPORATE MEMBERSHIPS



WHERE YOU BELONG
YMCA of South Alabama

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VALUE OF MEMBERSHIP FOR THE EMPLOYER

- ◆ Reduce employee and company health care costs
- ◆ Improve productivity and morale
- ◆ Retain and attract new employees
- ◆ Reduce employee absenteeism
- ◆ Improve your employer/employee relations

VALUE OF MEMBERSHIP FOR THE MEMBER

- ◆ Unlimited access at five YMCA of South Alabama branches
- ◆ Friendly and helpful staff ready to assist you
- ◆ More than 50+ FREE weekly group exercise classes
- ◆ First Steps program with a fitness consultant to jump start your routine
- ◆ State-of-the-art wellness centers
- ◆ Heated, indoor and *outdoor pools, *saunas and whirlpools
- ◆ *Basketball and *racquetball courts
- ◆ Family-friendly facilities with drop-in nursery available
- ◆ Convenient monthly bank draft or annual payments with NO commitment-period contracts to sign
- ◆ Members save on YMCA child care, day camp and youth sports leagues
- ◆ AWAY privileges at reciprocating out-of-town YMCAs
- ◆ Opportunities for volunteerism and community involvement

* Check with your preferred branch for availability of these amenities

YMCA/EMPLOYER COMMUNICATION

- Company designates a representative to act as the communication liaison and assist in promotion and recruitment
- Promotional posters & payroll stuffers are provided by the YMCA
- Usage reports available upon request
- At least ONE FREE PROMOTIONAL week for all employees at your business each year



PAYMENT OPTIONS

1. Employee pays on his/her own at a discounted rate
2. Payroll Deduct and the YMCA will bill your business on a monthly basis
3. Subsidize your employees' rates and pay a portion or the full amount of the monthly/yearly fees

NEW MEMBER CORPORATE RATES

Please call your local branch for rate information.

OTHER SERVICES

The Y can provide your business with computerized assessments of employees including evaluations and tracking progress, Lunch & Learns, Health Fairs, on-site Group Exercise and Corporate Fitness Challenges. **Contact us today** to learn more about how Y membership can help your business, your people do more.